Day 5: Approaches for Urban Drainage for Retrofitting, Redevelopment, and New Development

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Photo by Lovena, Harrisburg, PA

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Watershed-Based Stormwater Controls

Multiple names for a similar goal/design process:

- Low Impact Development (LID)
- Conservation Design
- Water Sensitive Urban Design (WSUDs)
- Sustainable Urban Drainage Systems (SUDS)
- Distributed Runoff Controls (DRC)

These approaches emphasize infiltration, however, other stormwater treatment approaches will also likely be required to meet the wide range of beneficial use objectives of urban receiving waters.

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Conservation Design Approach for New Development

- Better site planning to maximize soil and water resources and topography of site
- Emphasize water conservation and beneficial uses of stormwater on site
- Encourage infiltration of runoff at site
- Treat water at critical source areas
- Treat runoff that cannot be infiltrated at site

Water Supply and Water Quality

- Conservation easiest to develop and cheapest new water source
- Water quality problems becoming better understood
- Habitat destruction becoming recognized as serious issue

In El Paso, Texas, pricing and educational efforts are credited with a substantial reduction in water use. Conservation meets about 15 to 17% of the city's future water needs. Besides slowing the rate of depletion of the groundwater supply, the conservation measures cost about 8% less than the cost of existing water supplies (about \$135 per 1,000 m³). Water Factory 21, Orange County, California, was the US's largescale example to highly purify sanitary sewage for groundwater injection and reuse (operated from 1975 to 2004, replaced with new facility in 2007, the Groundwater Replenishment System that utilizes microfiltration, RO, and UV disinfection. There are about 15 large reuse treatment facilities in the US now).

Facilities of **Water Factory 21** include: a 15 million gallon per day (MGD) (56,775 m³/d) advanced wastewater reclamation plant that provides chemical clarification, air stripping, recarbonation, multimedia filtration, carbon adsorption and chlorination; and a 5 MGD (18,925 m³/d) reverse osmosis (RO) demineralization plant. Twenty-three multiple-point wells inject the water into the underground aquifers, creating a coastal barrier to prevent seawater intrusion.

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Water Use Calculations in WinSLAMM

WinSLAMM conducts a continuous water mass balance for every storm in the study period.

For rain barrels/tanks, the model fills the tanks during rains (up to the maximum amount of runoff from the roofs, or to the maximum available volume of the tank).

Between rains, the tank is drained according to the water demand rate. If the tank is almost full from a recent rain (and not enough time was available to use all of the water in the tank), excess water from the event could be discharged to the ground or rain gardens after the tank fills.

Reductions in Annual Flow Quantity from Directly





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0.125 ft of storage is needed for use of 75% of the total annual runoff from these roofs for irrigation. With 945 ft² roofs, the total storage is therefore 118 ft³, which would require 25 typical rain barrels, way too many! However, a relatively small water tank (5 ft D and 6 ft H) can be used instead.

rain	percentage	# of 35		
barrel/tank	reduction	gallon rain	tank height	tank height
storage per	in annual	barrels per	size required	size required if
house (ft ³)	roof runoff	house	if 5 ft D (ft)	10 ft D (ft)
0	0	0	0	0
4.7	20	1	0.24	0.060
9.4	31	2	0.45	0.12
19	43	4	0.96	0.24
47	58	10	2.4	0.60
118	75	25	6.0	1.5
470	98	100	24	6.0

Interactions of "Green Infrastructure" Controls Evaluated in the Kansas City CSO Demonstration Project

• When evaluated together, rain barrels/tanks collect the roof runoff first (for later irrigation use); the excess water can be discharged to the rain gardens. Overflow from the rain gardens is directed to the curb-side drainage system and biofilters.

• All of the site water (from the excess from the roof treatment systems or other upland controls and all other areas) is collected in the curb-side drainage system. The curb-cut biofilters are a cascading swale system where the site runoff is filtered and allowed to infiltrate. If the runoff volume is greater than the capacity of the biofilters, the excessive water is discharged into the combined sewer.

• As noted, the continuous simulations drain the devices between the runoff events, depending on the interevent conditions and water demand.

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Roof Runoff Control Options

- Downspout disconnections
- Rain gardens
- Green roofs
- Beneficial use of roof runoff



of rain gardens per house

Two 35 gal. rain barrels, plus one 160 ft² rain garden, per house can reduce the total annual runoff quantity from directly connected roofs by about 90%

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Calculated Benefits of Various Roof Runoff Controls (compared to typical directly connected residential pitched roofs)

Annual roof runoff volume reductions	Birmingham, Alabama (55.5 in. annual rain)	Seattle, Wash. (33.4 in.)	Phoenix, Arizona (9.6 in.)
Flat roofs instead of pitched roofs	13%	21%	25%
Cistern for reuse of runoff for toilet flushing and irrigation (10 ft. diameter x 5 ft. high)	66	67	88
Planted green roof (but will need to irrigate during dry periods)	75	77	84
Disconnect roof drains to loam soils	84	87	91
Rain garden with amended soils (10 ft. x 6.5 ft.)	87	100	96 16









Household water use (gallons/day/house) from rain barrels or water tanks for outside irrigation to meet ET requirements in Kansas City:

)
.40
.08
57

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One of the simplest and most effective approaches for the control of stormwater is to reduce the amount of impervious areas that are directly connected to the drainage system. This can be accomplished by using less paved and roof areas (hard to do and meet design objectives), disconnect the impervious areas, or reduce the runoff from the impervious areas by infiltration, or other, methods. Reducing the runoff volume also reduces the pollutant discharges, reduces peak flows, and reduces combined sewer overflows.



Disconnected roof drain

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An example of the dramatic runoff volume reductions possible through the use of conservation design principles (17 rain gardens, at about \$3,000 each, at 14 homes in one neighborhood) Land and Water, Sept/Oct. 2004

Rain Garden Designed for Complete Infiltration of Roof Runoff





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Green Roofing

Extensive Green Roof

- Lighter
- ≤ 6 " media depth
- Planted with sedums or native plant species
- Saturated weights from 12-50lbs/sq.ft.

- Intensive Green Roof
- Heavier
- ≥ 12 " media depth
- Wider variety of plants which need more care and irrigation
- Saturated weights from 80-100lbs/sq.ft.

Benefits of Green Roofing



- Reduce Heat Island Effect •
- Reduce Air Pollution and Greenhouse Gas Emission
- Improved human health and comfort
- Enhanced Stormwater Management and Water Quality
- Improved Quality of Life

Information courtesy of the Environmental Protect Agency http://www.epa.gov/heatisland/mitigation/greenroofs.htm

Green Roof Design



http://www.greensulate.com/green roofs intensive.²⁹/_{php}

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Function of a Green Roof



The storage of water in the substrate

- Absorbing water in the
- Capturing and holding precipitation in the plant foliage where it is returned to the atmosphere through transpiration and evaporation Slowing the velocity of
- infiltrates through layers of vegetated

Average daily ET

alfalfa)

0.035

0.048

0.072

0.102 0.156

0.192 0.186 0.164 0.141

0.096 0.055

0.036

reference conditions

(inches/day) (irrigated

Central

Januarv

Alabama

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Evapotranspiration (ET) is the major rain abstraction mechanism available for green roofs, besides some detention storage and evaporation.

Plant	Crop	Root	February
	Coefficient Factor (Kc)	Depth (ft)	March
Cool Season	0.80	1	April
Grass	0.00	1	May
(turfgrass)			June
Common Trees	0.70	3	July
Annuals	0.65	1	August
Common	0.50	2	Augusi
Shrubs			September
Warm Season	0.55	1	October
Grass			November
Prairie Plants (deep rooted)	0.50	6	December



Infiltration/Biofiltration

- Infiltration trenches
- Infiltrating swales
- Infiltration ponds
- Porous pavement
- Percolation ponds
- Biofiltration areas (rain gardens, etc.)



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- Biofilters utilize an under-drain to capture stormwater after filtration in the soil/media mixture and discharge it back to the drainage system. Some of this water may be infiltrated, depending on soil conditions and lining. In Australia, they are commonly lined as they want the treated water discharged back to the receiving water for use as a downstream water supply. Surface overflows capture excessive water and direct that to the drainage system with little treatment.
- Bioretention devices are constructed without an underdrain and are designed to infiltrate most of the water, after filtering in the soil/media mixture. They also usually have a surface overflow.



















Many examples given in the "San Mateo County Sustainable Green Streets and Parking Lots Design Guidebook,"



http://www.flowstobay.org/ms_sustainable_streets.php

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Temporary parking or access roads supported by turf meshes, or paver blocks, and advanced porous paver systems designed for large capacity.



Soil modifications for rain gardens and other biofiltration areas can significantly increase treatment and infiltration capacity compared to native soils.



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Bacteria Retention in Biofiltration Soil/Peat Media Mixtures

- Need at least 30% peat for most effective *E. coli* reductions
- Bacteria captured in top several inches of soil

•Continued tests to evaluate other organic amendments and longer testing periods ⁵¹ Preliminary data, Penn State - Harrisburg

Site Evaluation Tests

- Needed to characterize and quantify:
 - Site soil conditions (infiltration capacity, soil texture, soil density and bulk density, cation exchange capacity, sodium adsorption capacity, etc.)
 - Groundwater conditions (depth and movement, along with potential for groundwater mounding)

Site Evaluations Needed to Better Predict Bioretention Device

- Small-scale soil testing is suitable for small rain gardens, with suitable factors of safety and care in construction.
- Large-scale testing is needed if failure would result in serious consequences (such as if an integral part of a drainage system having little redundancy, or if critical environmental protection is needed).

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Large-Scale Infiltration Bench for Verification Testing in Washington

Basic Characteristics for Soils and Materials Used in

Biofilters	<u>.</u>				
Soil Texture	Saturation Water Content (%) (Porosity)	Available Soil Moisture (Field Capacity to Permanent Wilting Point) inches water/inches soil	Infiltration Rate (in/hr) assumed to be slightly compacted	CEC (cmol/kg or meq/100 gms)	Dry density (grams/cm ³), assumed to be slightly compacted
Coarse Sand and Gravel	32	0.04	40	1	1.6
Sandy Loams	40	0.13	1	8	1.6
Fine Sandy Loams	42	0.16	0.5	10	1.6
Silty Clays and Clays	55	0.155	0.05	30	1.6
Peat as amendment	78	0.54	3	300	0.15
Compost as amendment	61	0.60	3	15	0.25 ₅₄



Source Water for Large-Scale Infiltration Testing







Infiltration Test

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Discharge Flow Dissipater during Large-Scale

Number of Pits and Borings Needed

Infiltration Device	Tests Required	Minimum Number of Pits or Borings	Minimum Drill/Test Depth
Bioretention	Pits or borings; mounding	1 test/50 linear feet of device with a minimum of 2	5 feet or depth to limiting layer
Infiltration Basin	Pits or borings; mounding	2 pits per area; with 1 pit or boring for every 10,000 sq. ft.	Pits to 10 ft. or borings to 20 ft. 61

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Table 7.1 Western WashingtonStormwater Management Manual

RECOMMENDED INFILTRATION RATES BASED ON USDA SOIL TEXTURAL CLASSIFICATION				
USDA Soil Classification	*Short—Term Infiltration Rate (in./hr)	Correction Factor, CF	Estimated Long—Term (Design) Infiltration Rate (in./hr)	
Clean sandy gravels and gravelly sands (i.e., 90% of the total soil sample is retained in the #10 sieve)	20	2	10**	
Sand	8	4	2***	
Loamy Sand	2	4	0.5	
Sandy Loam	1	4	0.25	
Loam	0.5	4	0.13	
* From WEF/ASCE, 1998				
** Not recommended for treatment 63 *** Refer to SSC-4 and SSC-6 for treatment acceptability criteria				

Site Characterization Costs typical unit costs (2000 costs)

• Test pits - \$2,000/day (typically 4 to 8 per day)

- Grain-size determination \$100 each
- Test borings 25 ft deep \sim \$800 each
- Monitoring wells 25 ft deep ~ \$1,200 each
- Pilot infiltration test \$3,000 to \$6,000
- Double-ring infiltration test \$2,000 to \$4,000
- Groundwater mounding analysis \$2,000 to \$5,000
- Conduct site characterization during geotech study

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Design Infiltration Rates for Soil Textures Receiving Stormwater

Soil Texture	Design Infiltration Rates Without Measurements, inches/ hour
Sand	3.60
Loamy Sand	1.63
Sandy Loam	0.50
Loam	0.24
Silt Loam	0.13
Clay	0.07
New Wisconsin infiltra	64 tion standards

Long-Term Design Rates 21 st Street Percolation Pond (Clean Sandy Gravel)					
Issue	Correction Factor	Example	Actual Correction Factor		
Site Variability # of Tests	1.5 - 6	Glacial Outwash	1.5		
Maintenance	2 - 6	Large Buried Gallery	4		
Pre-Treatment	2 - 6	Excellent 2 Ponds	2		
Total Correction Factor	5.5 - 18		7.5		

Therefore: Test Infiltration Rate = 52-75 inches/hour Design Infiltration Rate = 52-75/6.5 = 7 to 10 inches/hour

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Correction Factors for *in-situ* Infiltration Results for Long-Term Design Rates

Issue	Correction Factor	Example	Actual Correction Factor	
Site Variability # of Tests	1.5 - 6	Mixed Alluvial Deposits	4	
Maintenance	2 - 6	Difficult - Buried Gallery	6	
Pre-Treatment	2 - 6	Excellent - 2 Ponds	2	
Total Correction Factor	5.5 - 18		12	
Therefore: Test Infiltration Rate = 48 inches/hour Design Infiltration Rate = 48/12 = 4 inches/hour ⁶⁷				

Design Infiltration Rate Correction Factors for *In-situ* Field Testing

- Correction factors are typically used to reduce the field measured infiltration values to values that should be considered for design, reflecting expected long-term performance.
- These reduced rates consider:
 - site variability
 - long-term sustainability (reduced future rates due to clogging, mounding effects, etc.),
 - scaling issues when applying small scale test results to fullscale designs.







Ground Water Mounding "Rules of Thumb"

- Mounding reduces infiltration rate to saturated permeability of soil, often 2 to 3 orders of magnitude lower than infiltration rate.
- Long narrow system (i.e. trenches) don't mound as much as broad, square/round systems



Particulate Removal in Shallow Flowing Grass Swales and in Grass Filters



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Runoff Heavy Metals Retained and Released during Indoor Swale Experiments

Metals retained, %	Cu	Cr	Pb	Zn	Cd	
Zoysia	40	16	65	13	21	
Centipede	39	14	57	20	28	
Bluegrass	40	37	67	26	25	
The removals of these metals are correlated to their associations with stormwater particulates.						
	Fe	Na	Mg	Ca	K	
Zoysia	6	23	17	12	76	
Centipede	45	62	87	44	125	
Bluegrass	338	77	52	17	23	

These are concentration changes only and do not reflect discharge loading reductions associated with concurrent infiltration. Typical mass discharge reductions for grass swales are greater than 80%.



















Treatment of Flows in Excess of Infiltration Capacity

• Wet detention ponds, stormwater filters, or correctly-sized critical source area controls needed to treat runoff that cannot be

infiltrated.





Suspended Solids Control at Monroe St. Detention Pond, Madison, WI (USGS and WI DNR data)



Percolation areas or ponds can be designed for larger rains due to storage capacity, or small <u>drainage areas.</u>

Wet detention ponds The regional swales will direct excess water into the ponds. The pond surface areas vary from 0.5 to 1% of 1:10 to 1:4 slope the drainage areas, lormal water level range depending on the amount 1:410.1 SAUL NO of upland infiltration. Permanent pool depth Flat shelf (at least 3' wide (at least 3', preferably 6') The ponds have 3 ft. of As steep as possibl standing water above 2 ft. of sacrificial storage. The live storage volume provides necessary peak flow control. Typical pond section:

Treatment of Runoff from Critical Source Areas

- Flow diversion
- Treatment trains having combinations of effective unit processes targeted to pollutants of interest
- Pollution prevention through the use of noncontaminating exposed materials

correctly-sized critical source area controls needed to treat runoff originating from heavily contaminated areas

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High Zinc Concentrations have been Found in Roof Runoff for Many Years at **Many Locations**

- Typical Zn in stormwater is about 100 µg/L, with industrial area runoff usually several times this level.
- Water quality criteria for Zn is as low as $100 \mu g/L$ for aquatic life protection in soft waters, up to about 5 mg/L for drinking waters.
- Zinc in runoff from galvanized roofs can be several mg/L
- Other pollutants and other materials also of potential concern.
- A cost-effective stormwater control strategy should include the use of materials that have reduced effects on runoff degradation.

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2005: Testing Frame Set-Ups at Penn State-Harrisburg

Examples Utilizing these Concepts

- Retrofitted bioretention and wet ponds at big box commercial development in VT
- Beneficial use of stormwater at university in AL
- Multi-faceted conservation design at residential development in WI
- Multi-faceted conservation design at industrial site in AL
- Large rain garden at transportation corridor in WI
- Green infrastructure retrofitted in combined sewer area in MO
- Groundwater effects with dry wells in NJ
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Stormwater Controls Examined

- Roof runoff controls: rain gardens, disconnections, rain barrels and larger water tanks
- Pavement controls: disconnections, biofiltration, and porous pavement
- Street side drainage controls: grass swales and curb-cut biofilters
- Public works practices: street cleaning and catchbasin cleaning
- Outfall controls: wet detention ponds

And combinations of the above

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Lincoln, Nebraska

Retrofit Stormwater Management Options

Control Program for Commercial Strip Mall Land Use	Volume Reduction (% reduction compared to base conditions for clay loam conditions in the biofilters)	Volume Reduction (% reduction compared to base conditions for sandy loam conditions in the biofilters)	Total Annual Costs (\$/100 acres/yr)
Porous pavement (in half of the parking areas)	25%	25%	\$180,400
Curb-cut biofilters (along 80% of the curbs)	29	67	\$166,500
Biofilters in parking areas (10 percent of the source area)	29	47	\$314,000
Small wet pond plus biofilters in parking areas (10 percent of the source area)	29	47	\$341,800
Biofilters in parking areas (25 percent of the source area)	40	not analyzed for sandy loam conditions	\$785,000
Small wet pond plus biofilters in parking areas (10 percent of the source area) and curb-cut biofilters (along 40% of the curbs)	43	80	\$424,600

The controls are listed with the first having the lowest level of maximum control, but the highest unit cost-effectiveness; and the last control listed having the highest level of maximum control, but the lowest unit cost-effectiveness. Therefore, if low to moderate levels of control are suitable, the first control option may be best, but if maximum control levels are needed, then the last control option listed would be needed:

- Strip mall and shopping center areas:
 - Porous pavement (in half of the parking areas)
 - Curb-cut biofilters (along 80% of the curbs) for strip malls or biofilters in parking areas (10 percent of the source area) for shopping centers
 - Biofilters in parking areas (10 percent of the source area) and curb-cut biofilters (along 40% of the curbs)
- Light industrial areas:
 - Curb-cut biofilters (along 40% of the curbs)
 - Roofs and parking areas half disconnected
 - Roofs and parking areas all disconnected

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Conclusions

- There are many options available to reduce stormwater discharges to combined sewers.
- The selection needs to be based on site specific development, soil, and rainfall conditions.
- Moderate runoff volume reductions are possible in retro-fitted applications, but the use of the controls need be extensive (and expensive).
- Much less costly and more effective to apply these controls to new development.
- Even with new development, there will still be degradation unless retrofitted controls are also used to compensate.